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Deepak Chopra, Shiv Khera and now it is Minocher Patel

By Shrutt Mathur

UCCESS is measured not by what a man accomblishes, but by the obstacles he has encountered and I the courage with which he had mentained the struggle overwhelming odd" Charles A Lindbergh.

This is the saying which the young city based trainer Minocher Patel firmly believes in. Dynamic and full of energy this



man is set to make a difference and do his bit for the society

A management graduate from Symbiosis Institute of Business Management Poona, has nine years of work experience in the private sector as a marketing professional and as a trainer. He has also participated in the "Train the Trainers " in West Germany and Finland in 1988 and conducted training programes for the student community and the corporate sector all over India and Abroad ever since. Presently he is busy



establishing his school "Echole Solitaire' which will be India's first residential

Why teaching or rather training, to chich he replied "I like giving motivational talks

While still in college he realised that people liked listening to him and appreciated his style and content. Rather for few it changed their lives too So since then giving motivational talks and training students was

always there at the back of his mind and was sure would do it when the right time

students uptill now who are doing well for and training people for the corportate otherselves in various MNC'S of the country and abroad Infact lot of corporate companies call him to give motivational talks different people he realises that the great to their employees.

> remarked "We are living on a time bomb communication Well read and down to earth because of lack of Character". The world Mr Patel is into reading a lot of Biographies.

has become such a materialistic place and we are loosing our identities in the rat race. Further explaining his point he quoted "Man was made to use things and love people" but today it's just the opposite. There is so much adaption from the West that the value system have gone for a toss. Only a very few believe in the religion of humanity. Accepting that in today's fast moving world following such things are difficult but not impossible, he explained. Being a good human without being naive can also be achieved by becoming aware and making the right moves at the right time as "Life is all about timing"

Widely travelled he further explaine's that the problem with many Indian's is that they do not take pride in our country which to a certain extent is responsible in reducing the confidence level

good and bad point's in each one.

A firm believer in " Law of Karma" he feels that life has a boomerang effect. One must have clarity of thought nad purity of intention in what ever he does. Essentially the other two things which he feels are important and follows in his life are: Let go of negativity and Mentaining a balance in He has trained about three thousand -life. There has to be some conclous living as there is lot of difference between living and just existing

Dealing with so many students and problem is that people do not have a habit Commenting on todays scenario he to listen which is a very important part in

Rather while interacting with the a lot of do my work better each day, he claims He students he cites a lot of examples of these gives the credit of his success to his parents great men which makes his classes even and friends, specially Anil Goval more intresting. Aman, a management trainee from IIMM states "the best part of school "Echole Solitaire" is to prepare the

The sole purpose of setting up this his sessions is that he talks in our own indivisual's for the big bad world. This

7 Steps To Success

1. Believe in yourself.

Remember the biggest atheist are those who do not believe in themselves.

- 2. Be Clear about your values.
- 3. Focus

-Set clear goals.

- -Visualise what you want and go for it.
- Positive thinking.
- -Let positive energy flow within you.
- -Let go of negativity and negative people.
- 5. Build trust. -Trust yourself and be trutworthy.
- 6. Listen to others. -Seek to understand.
- -Ask questions, listen and share.
- 7. Reinvent and renew yourself.
- -Take time to be in touch with yourself.
- -Love yourself.
- -Take care of your body, mind, emotion and your spirit.

lingo, comes down to our level and makes school basically deal's with Business us understand things". Another trainee Etiquette, Personal Grooming, Etiquette in remark's that we have people from corporate There are different cultures and there are world coming and throwing all possible jargons at us but he was the only person till now who spoke as to how to handle various preparing you for the big corporate world. situations practically along with teaching us the way of life. "It was an enthralling session specially for the outstation his students too "be Humble". Giving student's who initially wondered that do examples of one of the greatest they really belong here but after this session we are feeling much better. The main his idol too, JRD Tata. When questioned purpose of these sessions is not only to enhance one's selfconfidence but also to boost up one's self esteem. One of the grounded". feedback which he get while taking his session in Zurich where Vivane Graber, his student wrote " It is easy to follow your maind. You will be what you like to be." training, your method of presentation made it easy for us to implement your suggestion's in our lives" These feedbacks help me to

Communication, International Cultural Sensitivityand Understanding, Increasing Selfconfidence programes etc. In short

But in all of this he never forget's one thing and makes it a point to mention it to indrustrialist's of India who happen's to be How does he remain so Humble, he replied " Every time I fly, I come down more

Finally he concluded by saving "Success does'nt come from outside. It is in your

